

Life...The 2nd Half

Valuing Your Past, Creating Your Future!

A unique workshop opportunity in Vancouver
with Rick Jackson and John Shields
May 20th-24th, 2010

*"We cannot live the afternoon of life according to the programme of life's morning;
for what was great in the morning will be little at evening,
and what in the morning was true, will at evening have become a lie."—Carl Jung*



Have you already journeyed far and are now...

- Questioning the **deeper purpose and meaning** in your life?
- Exploring **consciousness** and the cosmic picture?
- Reflecting on where you have been, where you are now, and **where you are going**?
- Ready for a **transformational** process designed to encourage deep personal awareness and sustained change?

If you answered yes to any of the above questions, this workshop is for you!

Workshop Intention:

'Deep purpose' may be directly related to our profession or vocation; and it can simply be a particular way of living day-by-day. **Understanding and living our deep purpose involves a life-long process of operating from our strength.** Our connection with our deeper selves is one of the keys to appreciating our true place in the order of things.

As a workshop participant, you will experience a **variety of meditations, visualizations, and processes** designed to encourage and guide rich explorations of your inner landscape. Focussing on **themes of transformational change, personal development, and spirituality**, this

unique ‘workshop intensive’ supports you to **deepen your understanding of your life journey** (so far), and to **shift into a more vibrant, authentic, and purposeful model** for living life’s second half.

Using group conversation, individual reflection, and experiential exercises, the workshop facilitates the embracing of maturity and cultivates a new sense of ‘Self’ in connection with the universe. **Abundantly-experienced leaders will gently and purposefully assist you to reflect on the map of ‘life’s morning’ and to design and navigate the ‘afternoon’ with a new-found sense of personal empowerment, freedom, and mastery.**

- Venue:** **Holiday Inn Express—in the Atrium**
2889 East Hastings Street, Vancouver, BC
* North side of the street, just West of Renfrew by the PNE park
* Free parking underground, through the breezeway.
- Fees:** **\$499.00 (plus GST) until May 6th, 2010 (Early Bird Rate)**
\$550.00 (plus GST) May 7th and onward
(Meals are not included in the workshop fee.)
Overnight lodging is \$89 per night (plus taxes) for a single room (reserved through our Registrar, Esther Sarlo—see below for contact details)
- Dates:** **Thursday, May 20th, 2010 to Monday, May 24th, 2010 inclusive**
(Dates of this retreat have been chosen to take advantage of the Victoria Day holiday weekend.)
- Schedule:** Thursday Evening: 6:15pm-6:50pm—**Sign In/Name tags/etc.**
Thursday Evening: 7pm – 9pm—**1st Workshop Session**
Friday/Saturday/Sunday: 9am-12noon; 3-5:30pm; 7-9pm—**Workshop Sessions**
Monday Morning: 9am-Noon—**Last Workshop Session**
- Registration:** To register and process payment, contact Esther Sarlo
esther@myconciergevancouver.com or 604.253.3039

What People are Saying about this Workshop...

“This was an excellent workshop for helping me not only to understand, but to experience with far greater awareness, the way I’ve lived the first half of my life and to choose more gently and clearly how I will live the second half of my life. I recommend this workshop to anyone who wants to live ‘the second half’ in greater meaning, presence, compassion, and fullness. Rick and John are wonderful role-models and leaders for this journey.”—ES, Vancouver BC

“This workshop helped normalize feelings I’d been having around looking back at what I thought I’d accomplish and what I didn’t. It helped me realize that I haven’t failed— instead, everything I have done to date, has brought me to this perfect place.”—SJ, Vancouver BC

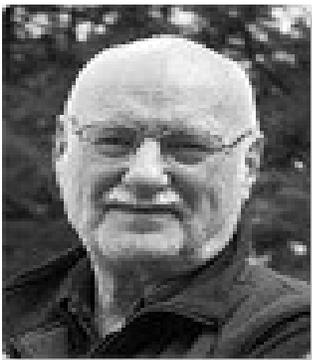
“There are many who could greatly benefit from this course. Tough questions are posed about how we see the future for ourselves. But if you don’t ask them, you are trapped in your current state with no rudder. This course...with these two facilitators is worth the time and investment.”—AJ, Vancouver BC

“Only do this workshop if you want clarity on how to fully live the second half of your life! It inspires you to look at questions that up until now you may have not thought of, or may have even chosen to avoid. The concepts presented and purposefulness of the work itself is nothing short of brilliant...but it takes courage and the willingness to let go of your old picture of who you thought you were to embrace a vision and possibility that may shock you to your core. The workshop created moments, events, exercises, and meditative experiences that were revealing, informative, rejuvenating, reflective, and restorative. The profound ‘tapping-into’ bountiful insights and prescient moments moved me to tears of gratitude and a deeper embracing of my life purpose.”—BC, Vancouver BC

“This workshop was perfectly timed for me and was exactly what I needed to make some real changes and start to be more ‘true to myself’ and do what I really want to do in the ‘afternoon’ of my life.”—PP, Vancouver BC

THE LEADERS:

“Life isn’t a business to be managed, it’s a mystery to be lived.”—Osho



John Shields: Past President of the BCGEU (14 years), Past Executive Director of The Haven Institute (3 years), and Past Chair of Leadership Victoria (3 years) as well as Leadership Victoria Curriculum Committee (5 years), John has journeyed from Catholic priest to business leader to spiritual teacher, while maintaining a passion for infusing spirituality into everything he does. John is currently pursuing research in the areas of cosmology, spirituality in leadership, and the evolution of consciousness. This transformational quest from priest to cosmologist is currently culminating in John authoring a book about his personal journey.



Rick Jackson: With a distinguished global career in the fields of International Labour and Social Policy as well as Human Rights Advocacy, Rick is currently a senior associate with the West Vancouver-based *Aitken Leadership Group*. Grounded in over 30 years experience leading personal and professional development seminars, Rick is a successful executive coach with a private practice across North America. Rick’s unique **Insight Coaching** focuses on each person as a whole being—from professional demands and intimate relationships to spiritual underpinnings and secret fears and dreams. www.rickjackson.ca